



## Priority Access Referral: Life Sustaining Health Services

**You must complete all sections of the form.**

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Some Nova Scotians require therapy to support a vital function that is necessary for life. They must take time away from their normal everyday activities to receive life-sustaining services that are provided at a regional health centre by a licensed medical professional.

While Government is changing how healthcare is delivered by increasing access to virtual care and supports that connect patients with health care providers closer to home, in some cases people may need to move closer to a regional health centre to access the tertiary and quaternary life-sustaining health care services they need. Others may be waiting in hospital and cannot be discharged until they have a place to live that is closer to a regional health centre so they can access these services.

When a person who qualifies for public housing can demonstrate that there is a significant barrier to receiving a life-sustaining health service and therefore must move closer to a regional health centre to access the life-sustaining health service, they may be eligible for priority access and be placed on the Priority Access waitlist in chronological order.

Applicants may be eligible for priority access to public housing if a medical health professional certifies that they require regular, prolonged and in-person life-sustaining services to support a vital life function:

- With no expectation of cessation of services.
  - These services can only be accessed at the regional health centre.
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To be granted approval for priority access to public housing under the Life Sustaining Health Services Stream, applicants must provide the following documents to their NSPHA district office:

1. Public Housing Application (completed by the applicant)
  2. Priority Access Referral: Life Sustaining Health Services (completed by the applicant and qualified professional)
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**A good thing to know...** *If there are any changes to your housing needs after you apply to public housing (for example, if you require an extra bedroom), you should contact your NSPHA district office or use the NSPHA online applicant portal ([nspha.ca](http://nspha.ca)) to ensure we have your updated information.*

## How to complete this referral form

Applicants may be eligible for priority access to public housing under the Life Sustaining Health Services Stream if a qualified medical professional provides a referral.

### To complete the referral:

1. The applicant must complete Section A.
2. A qualified medical professional must complete, date and sign Section B.

### Professional referrals cannot be completed by an applicant's friend, neighbour or relative.

If you or your referring professional have any questions or concerns about qualifying for priority access to public housing under the Life Sustaining Health Services Stream housing, please contact your district office by email using the information provided at the end of this referral form.

## Section A: To be completed by the applicant

### 1. Applicant Information

Last Name:

First Name:

Date of Birth:

If you have an existing Public Housing application, please provide your **Client P Code** below:

### 2. Contact Information

Complete the contact information below **ONLY if you need to update** your contact information or provide an alternate contact not currently listed in your public housing application.

**Please only provide contact information where it is safe for us to contact you.** Work with your referring professional to select the most appropriate option for you.

#### Whose information is provided?

Phone:

Applicant  Alternative

Email:

Applicant  Alternative

Street Address:

Applicant  Alternative

City/Town:

Province:

Postal Code:

Name of alternate contact:

Relationship to applicant:

## Section A: To be completed by the applicant

### 3. Barriers to Life Sustaining Services

**Check-off all the barriers you experience to receiving life-sustaining health services:**

- The regional health centre is far away.
- There is no public transportation available.
- I do not own an automobile.
- I do not have friends or family that can drive me to appointments.

Is there any additional information you would like to provide on difficulties accessing life-sustaining health services?

How would moving into public housing make it easier for you to access life-sustaining health services?

### 4. Applicant Acknowledgement – please read carefully

**If I am eligible for priority access to public housing:**

- I will be placed on waitlists for all properties in my municipality that are suitable based on my household size and housing needs (detailed in Section B.2).
- Only the number of bedrooms I need, accessibility requirements, and housing needs (Section B.2.) will be considered when determining suitable units for my household. This means that smoking, pets or parking preferences may not be met when I am offered a unit.
- Priority access applicants must accept the first unit that they are offered. That means if I refuse the first unit offered to me by NSPHA, I will lose my priority access status and be placed on the general public housing waitlist.
- I understand and agree to the conditions outlined above.

Applicant Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Section B: To be completed by the qualified professional

### 1. Eligibility Criteria Checklist

- The applicant requires life-sustaining medical services to support a vital function that is necessary for life at a regional health centre.
- The applicant's medical services are needed in-person and there are no alternative options (e.g., at home treatment).

### 2. Medical Services Information

**Name of Medical Clinic where services will be received:**

Street Address:

City/Town:

Postal Code:

Email:

### 3. Referring Professional Declaration

Name (print):

Position/Job Title:

Organization:

Phone:

Email:

I declare that, to the best of my knowledge, the information I have provided on this form is accurate.

Signature:

Date:

Personal information is collected, used and may be disclosed by the NSPHA in accordance with the *Freedom of Information and Protection of Privacy Act*: [Freedom of Information and Protection of Privacy Act \(nslegislature.ca\)](http://nslegislature.ca)

## **Section B: To be completed by the qualified professional**

### **Reminder for applicants and referring professionals!**

**The Priority Access Referral form is not a substitute for the Public Housing Application form.**

- **If you have an existing and active Public Housing Application:**
  - Submit the completed *Priority Access Referral: Life Sustaining Health Services* to NSPHA to the appropriate district using the information below. You DO NOT need to submit a new *Public Housing Application Form*.
  - If you do not know the status of your application, you can check using the Applicant Portal at [nspha.ca](https://nspha.ca) or contact your district office.
  
- **If you DO NOT have an existing and active Public Housing Application:**
  - Submit the completed *Public Housing Application Form* either before or at the same time as your *Priority Access Referral: Life Sustaining Health Services* to the appropriate district using the information below.



# How to submit your referral form:

Use the information below to submit your referral to the appropriate district.

## Metropolitan District:

Serving Halifax Regional Municipality

### By Email:

[ApplicationsNSPHA.MD@NovaScotia.ca](mailto:ApplicationsNSPHA.MD@NovaScotia.ca)

### By Mail:

3770 Kempt Road, Suite #3  
Halifax, NS  
B3K 4X8

### In Person

3770 Kempt Road, Suite #3  
Halifax, NS

### By Fax

902-420-2815

### Questions? Call:

1-800-565-8859 or 902-420-6017

## Northern District:

Serving the communities of Guysborough County, Antigonish County, Pictou County, Cumberland County, Colchester County and Hants County (East)

### By Email:

[applicationsNSPHA.Northern@novascotia.ca](mailto:applicationsNSPHA.Northern@novascotia.ca)

### By Mail NSPHA - Northern District:

144 Victoria St. East  
Amherst, NS  
B4H 1Y1

9 Church St.  
Truro, NS  
B2N 3Z5

7 Campbell's Lane  
New Glasgow, NS  
B2H 2H9

PO Box 1373  
Antigonish, NS  
B2G 2L7

PO Box 249  
Guysborough, NS  
B0H 1N0

### In Person:

144 Victoria St.  
East

9 Church St.

7 Campbell's Lane

20 Orchard Terrace

Chedabucto Centre,  
H-9996 Hwy 16

### By Fax:

902-667-1686

902-897-1149

902-752-1315

902-863-8026

902-533-3029

### Questions? Call:

1-833-776-0585

## How to submit your referral form:

Use the information below to submit your referral to the appropriate district.

### Western District:

Serving the communities of Kings County, Annapolis County, Digby County, Yarmouth County, Shelburne County, Queens County Lunenburg County and Hants County (West)

#### By Email:

[ApplicationsNSPHA.WD@novascotia.ca](mailto:ApplicationsNSPHA.WD@novascotia.ca)

#### By Mail NSPHA – Western District:

25 Kentucky Court New Minas, NS B4N 4N1	PO Box 1000 Middleton, NS B0S 1P0	99 High Street Bridgewater, NS B4V 1V8	10 Starrs Road Yarmouth, NS B5A 2T1
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#### In Person:

25 Kentucky Court New Minas, NS	101 Magee Drive Middleton, NS	99 High Street Bridgewater, NS	10 Starrs Road (2 <sup>nd</sup> Floor) Yarmouth, NS
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#### By Fax:

902-681-0806	902-825-4189	902-527-1357	902-749-1258
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#### Questions? Call:

1-800-306-3331

### Cape Breton Island District:

Serving Cape Breton Island

#### By Email:

[applicationsNSPHA.CBID@novascotia.ca](mailto:applicationsNSPHA.CBID@novascotia.ca)

#### By Mail NSPHA – Cape Breton Island District:

18 Dolbin Street Sydney, NS B1P 1S5	PO Box 1372 Sydney, NS B1P 6K3
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#### In Person:

18 Dolbin Street Sydney, NS	15999 Central St. Inverness, NS	218 MacSween St. Port Hawkesbury
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#### By Fax:

902-539-0330	902-258-3644	902-625-5402
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#### Questions? Call:

1-800-565-3135